BELLARINE DIVISION ATHLETICS CARNIVAL 2013

Athletes should be at the track at least 30 minutes prior to their event starting time. These times are only a guide. The organisers reserve the right to start any event prior to or later than the time shown on the program.

**VENUE**: Landy Field, Barwon Tce, South Geelong. Melways 452 B9

**DATE:** Monday 16th September, 2013

9:15am Opening and Marshalling

9:30am **1500M FINALS** (12/13yr Boys/Girls; 11yr Boys/Girls; 10yr Boys/Girls)

 *Note the Boys and Girls will run at the same time but recorded as two different races.*

***9:45am 10 yr Long Jump***

 ***11 yr Triple Jump***

 ***12/13 yr Shot Put***

 ***12/13 yr High Jump***

10.15am **HURDLES HEATS**  (12/13yr Boys/Girls; 11yr Boys/Girls; 10yr Boys/Girls)

 *Top 2 finishes from each heat make final. Final conducted at end of heats.*

**HURDLES FINALS** (10yr Boys/Girls; 11yr Boys/Girls; 12/13yr Boys/Girls)

***10.30am 12 yr Discus***

 ***10 yr Triple Jump***

 ***11 yr Shot Put***

 ***11 yr High Jump***

11am **100M HEATS and FINALS**  (12/13 yr Boys/Girls; 11 yr Boys/Girls; 10 yr Boys/Girls)

 *Top 2 finishes from each heat make final. Final conducted at end of heats.*

***11.15am 11 yr Discus***

 ***12 yr Long Jump***

 ***10 yr Shot Put***

 ***10 yr High Jump***

12pm **200M HEATS and FINALS**  (12/13 yr Boys/Girls; 11yr Boys/Girls; 10 yr Boys/Girls)

 *Top 2 finishes from each heat make final. Final conducted at end of heats.*

***12pm 10 yr Discus***

 ***11 yr Long Jump***

 ***12 yr Triple Jump***

1.00pm **800M FINALS** (12/13 yr Boys/Girls; 11 yr Boys/Girls; 10 yr Boys/Girls)

1:30pm **RELAY HEATS and FINALS** (12/13 yr Boys/Girls; 11 yr Boys/Girls; 10 yr Boys/Girls)

 *Top 4 finishes from each heat make final. Final conducted at end of heats.*

2:30pm **Conclusion**



#### COMPETITOR INFORMATION

## **Individual and Team entries**

Each ***District*** is entitled to have a maximum of:

* **Four**  competitors in each individual ***track event***
* **Two** competitors for each ***field event,***
* **Two** teams for each ***relay event.***

Each child is permitted to enter two individual events plus a relay.

**Entry Fee**

Districts will be invoiced an entrance fee of $5.50 per competitor (GST included).

**Program Booklets**

This booklet will indicate what heats the child is in and what lane they will be competing in. It will also have a list of records, schedule for the day and a list of rules for the days competition .The booklets will be available at the Ron Palmer pavilion for $2.

**Track Events**

***Progression from Heat to Final* – 100m, 200m, Hurdles and RELAY**

In order to progress to the FINAL for these events children will need to finish 1stor 2nd in their heat, ***EXCEPT FOR RELAYS*** where the first 4 relay teams in each heat will progress to the final.

*(The organiser reserves the right to alter this progression formula once all qualifiers from District carnivals have been determined.)*

**Track Straight Finals – 800m, 1500m**

**800m –** Children in the 800m will be starting on a curve at the start finish line.

**1500m –** Children in the 1500m will start in the designated 1500m start position at the western end of the back straight.

**Field Events**

In the Long Jump and Triple Jump each competitor will be entitled to have trial (warm up) jumps and then the competition will consist of three (3) measured jumps.

In the Shot Put and Discus each competitor will be entitled to have trial (warm up) throws and their competition will consist of three (3) measured throws.

In all field events, should a Tie occur then a count back will be used.

# First Aid

First Aid will be provided on the day and will be situated next to the main building.

# Region Championships- 15TH OCTOBER 2013

The top two individual placegetters from all events plus the winning relay team will qualify for these championships.

***Keilor Athletics Track- Stadium Drive, Keilor Park***

***Melways Map 15 B5***