CITY TO SURF ATHLETICS CARNIVAL 2014

Athletes should be at the track at least 30 minutes prior to their event starting time. These times are only a guide. The organisers reserve the right to start any event prior to or later than the time shown on the program.

**VENUE**: Landy Field, Barwon Tce, South Geelong. Melways 452 B9

**DATE:** Tuesday 26th August

9:15am Opening and Marshalling

9:30am **1500M FINALS** (12/13yr Boys/Girls; 11yr Boys/Girls; 9/10yr Boys/Girls)

 *Note the Boys & Girls will run at the same time but recorded as two different races.*

***9:45am 9/10 yr Long Jump***

 ***11 yr Triple Jump***

 ***12/13 yr Shot Put***

 ***12/13 yr High Jump***

10.15am **HURDLES HEATS & FINALS**  (12/13yr Boys/Girls; 11yr Boys/Girls; 9/10yr Boys/Girls)

 *Top 2 finishes from each heat make final. Final conducted at end of heats.*

***10.30am 12 yr Discus***

 ***9/10 yr Triple Jump***

 ***11 yr Shot Put***

 ***11 yr High Jump***

11am **100M HEATS & FINALS**  (12/13 yr Boys/Girls; 11 yr Boys/Girls; 9/10yr Boys/Girls)

 *Top 4 finishes from each heat make final. Final conducted at end of heats.*

***11.15am 11 yr Discus***

 ***12 yr Long Jump***

 ***9/10 yr r Shot Put***

 ***9/10 yr High Jump***

12pm **200M HEATS & FINALS**  (12/13 yr Boys/Girls; 11yr Boys/Girls; 9/10yr Boys/Girls)

 *Top 4 finishes from each heat make final. Final conducted at end of heats.*

***12pm 10 yr Discus***

 ***11 yr Long Jump***

 ***12 yr Triple Jump***

1.00pm **800M FINALS** (12/13 yr Boys/Girls; 11 yr Boys/Girls; 9/10yr Boys/Girls)

1:30pm **RELAY FINALS** (12/13 yr Boys/Girls; 11 yr Boys/Girls; 9/10yr Boys/Girls)

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2:30pm **Conclusion**

#### COMPETITOR INFORMATION

## **Individual & Team entries**

Each ***School*** is entitled to have a maximum of:

* **Four**  competitors in each individual ***track event***
* **Three** competitors for each ***hurdle event***
* **Three** competitors for each ***field event,***
* **Two** competitors for each ***high jump event***
* **One** team for each ***relay event.***

Each child is permitted to enter three individual events plus a relay.

**Track Events**

***Progression from Heat to Final* – 100m, 200m, Hurdles & RELAY**

In order to progress to the FINAL for these events children will need to finish in the first 4 in their heat, ***EXCEPT FOR HURDLES*** where the first 3 runners will qualify for the final.

*(The organiser reserves the right to alter this progression formula once all qualifiers from District carnivals have been determined.)*

**Track Straight Finals – 800m, 1500m**

**800m –** Children in the 800m will be starting on a curve at the start finish line.

**1500m –** Children in the 1500m will start in the designated 1500m start position at the western end of the back straight.

**Field Events**

In the Long Jump and Triple Jump each competitor will be entitled to have trial (warm up) jumps and then the competition will consist of three (3) measured jumps. Boys and Girls will be competing in the same pit at the same time. However they are contesting two separate events.

In the Shot Put and Discus each competitor will be entitled to have trial (warm up) throws and their competition will consist of three (3) measured throws.

In all field events, should a Tie occur then a count back will be used.

# First Aid

First Aid will be provided on the day and will be situated next to the main building.